

FirstMet Sunday School family newsletter - March 25, 2020

The Lord is my shepherd
I shall not want
He maketh me to lie down in green pastures
And leadeth me beside still waters
He restoreth my soul
He leadeth me in the paths of righteousness for his name's sake
Yea, though I walk through the valley of the shadow of darkness, I will fear no evil: for thou art with me;
thy rod and thy staff they comfort me
Thou preparest a table before me in the presence of mine enemies
thou anointest my head with oil
my cup runneth over
Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord
Forever
Psalm 23 KJV

To our wonderful FirstMet **children**, **youth**, **young adults**, **families**, **community**
& **supporters!**



Don't you just **love** Spring Break?!

Recognize anyone? (hint - they're much taller when not in a forest 😊)

Last Sunday - did you catch Bullwinkle and his buddy on live-streaming?
Missed it? Catch us on YouTube!

This Sunday - Micia will connect with you from the great outdoorsindoors
(never mind, you'll see). Get your roasting sticks ready!



Keep learning with your family and friends! Look for God in nature,
and we'll have tons of great memories to share when we get back to church!



**** Send us your photos and we'll make you a 'published photographer' by
adding them to this newsletter, and to our bulletin covers!!



Scripture this week:

theology of the United Church of Canada (we don't want you to have to go through so many resources that don't fit with this!). We will be constantly adding new resources to this website so that there is always fresh new information.

I will also include a list of resources that Camp Pringle has posted on their website that are helpful for schooling, mental health, and much more. Here is the link: <http://www.camppringle.com/resources-for-families-during-covid-19/> "



News of the **COVID-19 virus** can be worrisome, especially for our kids, who may have a limited understanding, and feel helpless or anxious. Here's a take on [Matthew 6:25](#):

"Do you ever worry?" asked Jesus. "Sparrows don't worry about how they'll find food. The flowers don't worry about the clothes they wear. God feeds the sparrows and makes the flowers beautiful. Trust God and put him first and he will give you everything else you need."

From 365 Story Bible, by Meg Want and Heather Stuart, Anno Domini Publishing 2010

[And Philippians 4:6-7:](#)

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your request to God. NIV

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Please join our **FirstMet Sunday School prayer family** before dinner or at bedtime, as we **pray together:**

All things bright and beautiful, all creatures, great and small, all things wise and wonderful, the Lord God made them all.

Each little flower that opens, each little bird that sings, He made their glowing colors, He made their tiny wings.

The tall trees in the greenwood, the meadows where we play, the rushes by the water we gather every day

He gave us eyes to see them, and lips that we might tell, how great is God Almighty, who has made all things well. *Cecil Francis Alexander*

and... Thank you for the world so sweet, thank you for the friends we meet, thank you for the birds that sing, thank you God for everything! Traditional

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Please continue to save your pop/soda tin tabs for the UCW



**Camp Pringle Congregational Camp is still on – will update as needed**



Join us for our **18<sup>th</sup> annual** congregational camp!

May 22 to 24. Registration opens April 6<sup>th</sup>.

Coming attractions (updates to follow as needed):

April 12<sup>th</sup> - Easter Sunday – livestreaming, with our beautiful Easter flower cross.

April 26<sup>th</sup> – **Camping Sunday!** – stand by for a visit from a Camp Pringle guest!

May 3<sup>rd</sup> – Camp Pringle 70<sup>th</sup> Anniversary Celebration! Intergenerational service in our beautiful forest chapel, followed by an Open House and BBQ overlooking the lake.  
Postponed to Sunday, June 7<sup>th</sup>.

May 10<sup>th</sup> – Mother’s Day – carnation gifts

May 22<sup>nd</sup> to 24<sup>th</sup> – Camp Pringle congregational camp!

June 7<sup>th</sup> - planting pots of herbs & flowers with Hayley

June 21<sup>st</sup> – Father’s Day – bookmark gifts



rendez-vous 2020

Rendezvous 2020 – Youth & Young Adult event in Calgary AB, August 11 – 14. For those entering grade 9 and up. Registration opens March 17<sup>th</sup> Updates as needed. <https://www.united-church.ca/events/rendez-vous-2020>

*All photos except the big tree, name cloud, forest and bible courtesy of Unsplash.  
Big tree photo courtesy of Leslie Biederman ☺*

~Micia Kanstrup, Sunday School Leader [children@firstmetvictoria.com](mailto:children@firstmetvictoria.com) 250-388-5188 ext 225  
Our vision statement: To teach and nourish God's transformative love in an inclusive spiritual community, to share stories of Jesus and the Bible to enable children and youth to develop a spiritual framework for life, to involve and encourage all in worship, outreach, and community engagement, to give and teach tools to our children and youth, core beliefs, and practices of the United Church, and to witness children, youth and families happily engaged in church activities. ☺