

#speakup

# What's in an Advance Care Plan?

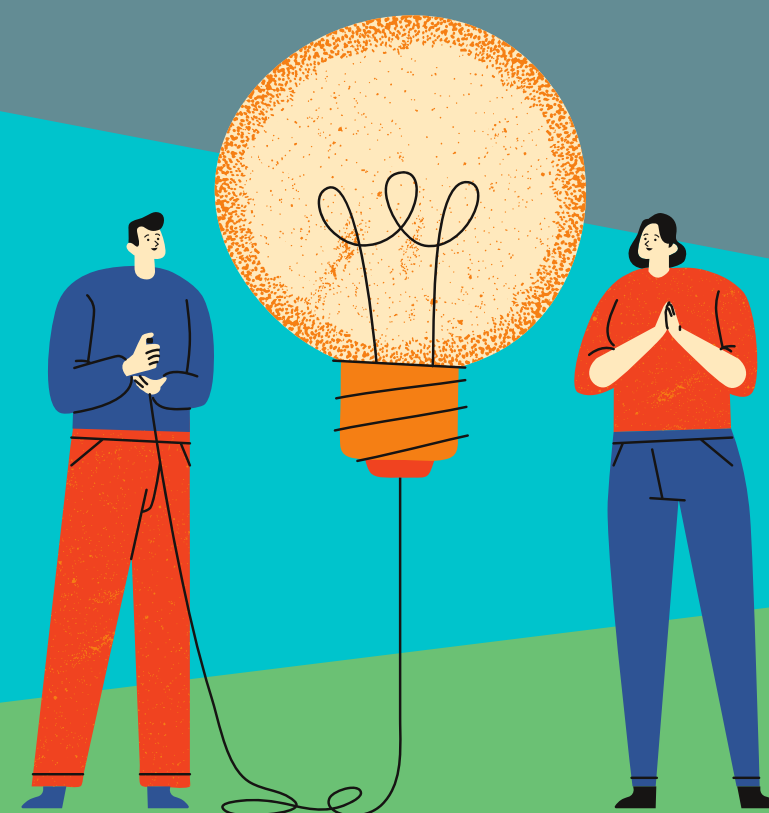


## Temporary Substitute Decision Makers List

A temporary substitute decision maker (TSDM) is chosen if you have not legally named an individual representative, this TSDM is taken from a list you fill out. The order of the people who qualify to be on the list is determined by B.C. law.

## Your Wishes, Values, & Beliefs

This can include cultural protocols, celebrations, rituals, spiritual practices and your beliefs around how you would like to be cared for. Your wishes, values, and beliefs are shared with your friends, family, and loved ones.



## Representation Agreement

A Representation Agreement is the only way to authorize someone — called your representative — to assist you or to act on your behalf for health care treatment decisions if you are incapable.

## Advance Directive

The written instructions that speak directly to your health care provider about the health care treatment you consent to, or refuse. It is effective when you are in a position where you are no longer capable of making decisions yourself. This only applies to the health care conditions and treatments noted in the advance directive.

